

TROPARIA

Resurrectional Troparion, Tone 6:

The angelic powers were at Thy tomb; the guards became as dead men. Mary stood by Thy grave, seeking Thy most pure body. Thou didst capture hell not being tempted by it. Thou didst come to the Virgin, granting life. O Lord, who didst rise from the dead, glory to Thee.

*Glory to the Father, and to the Son, and to the Holy Spirit;
now and ever, and unto ages of ages. Amen.*

Troparion of St. Gregory Palamas, Tone 8:

O light of Orthodoxy, teacher of the Church, its confirmation, O ideal of monks and invincible champion of theologians, O wonderworking Gregory, glory of Thessalonica and preacher of grace, always intercede before the Lord that our souls may be saved.

SCRIPTURAL LESSONS

Prokeimenon

Presiding Reader: The Prokeimenon in the **Fifth** Tone:

Thou, O Lord, shalt protect us and preserve us from this generation for ever.

Reader/People: Thou, O Lord, shalt protect us
and preserve us from this generation for ever.

Presiding Reader: Save me, O Lord, for there is no longer any that is godly.

Reader/People: Thou, O Lord, shalt protect us
and preserve us from this generation for ever.

Presiding Reader: In the **First** Tone:

My mouth shall speak wisdom;
and the meditation of my heart shall be understanding.

Reader/People: My mouth shall speak wisdom;
and the meditation of my heart shall be understanding.

Epistle Readings:

§304, Heb. 1:10 - 2:3 (2nd Sunday of Lent)

Presiding Reader: The Reading from the Epistle of the Holy Apostle Paul to the **Hebrews**.

Presiding Reader:

IN THE BEGINNING, THOU, O LORD, DIDST LAY THE FOUNDATIONS OF THE EARTH, and the heavens are the works of thy hands:

They shall all perish; but thou shalt endure; and they shall all wear out like a garment; Thou changest them like a raiment: but thou art ever the same, and thy years shall have no end.

But to which of the angels hath he ever said, Sit thou at my right hand, until I make thine enemies thy footstool?

Are they not all ministering spirits, sent forth to minister for them who shall inherit salvation?

Therefore we must give the more earnest heed to the things we have heard, lest at any time we should drift away.

For if the word spoken by angels was steadfast, and every transgression and disobedience received a just recompence of reward;

How shall we escape, if we neglect so great salvation; which at the first began to be spoken by the Lord, and was confirmed unto us by them that heard him.

Alleluia

Presiding Reader: The Alleluia in the **Sixth** Tone:

He that dwelleth in the help of the Most High shall abide under the shelter of the God of heaven. Alleluia, Alleluia, Alleluia.

Reader/People: **Alleluia, Alleluia, Alleluia.**

Presiding Reader: He will say to the Lord: Thou art my protector and my refuge, my God; in Him will I trust.

Reader/People: **Alleluia, Alleluia, Alleluia.**

Presiding Reader: In the **Second** Tone: The mouth of the righteous shall meditate wisdom, and his tongue shall speak of judgement.

Reader/People: **Alleluia, Alleluia, Alleluia.**

Gospel Reading:

Mark §7, 2:1-12 (2nd Sunday of Lent)

AT THAT TIME, JESUS entered into Capernaum after some days; and it was heard that he was in the house.

And straightway many were gathered together, insomuch that there was no room to receive them, no, not so much as about the door: and he preached the word unto them.

And they come unto him, bringing one sick of the palsy, which was borne of four.

And when they could not come nigh unto him for the press, they uncovered the roof where he was: and when they had broken it up, they let down the bed wherein the sick of the palsy lay.

When Jesus saw their faith, he said unto the sick of the palsy, Son, thy sins be forgiven thee.

But there was certain of the scribes sitting there, and reasoning in their hearts,

Why doth this man thus speak blasphemies? who can forgive sins but God only?

And immediately when Jesus perceived in his spirit that they so reasoned within themselves, he said unto them, Why reason ye these things in your hearts?

Whether is it easier to say to the sick of the palsy, Thy sins be forgiven thee; or to say,
 Arise, and take up thy bed, and walk?
 But that ye may know that the Son of man hath power on earth to forgive sins, (he
 saith to the sick of the palsy,)
 I say unto thee, Arise, and take up thy bed, and go thy way into thine house.
 And immediately he arose, took up the bed, and went forth before them all; insomuch
 that they were all amazed, and glorified God, saying, We never saw it on this
 fashion.

KONTAKIA

Kontakion of St. Gregory Palamas, Tone 8:

Holy and divine instrument of wisdom, joyful trumpet of theology, together we sing
 thy praises, O God-inspired Gregory. Since thou now standest before the Original
 Mind, guide our minds to Him, O Father, so that we may sing to thee: 'Rejoice,
 preacher of grace.'

*Glory to the Father, and to the Son, and to the Holy Spirit;
 now and ever, and unto ages of ages. Amen.*

Kontakion of the 2nd Sunday of Lent, Tone 4:

Now is the time for action, judgement is at the doors; so let us rise and fast, offering
 alms with tears of compunction and crying: 'Our sins are more in number than the
 sands of the sea; but forgive us, O Master of all, so that we may receive the
 incorruptible crowns.'