



Through the prayers of our holy fathers and mother, O Lord Jesus Christ, our God, have mercy on us. Amen.

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life! (3x)

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, cleanse us from our sins. O Master, pardon our transgressions. O Holy One, visit and heal our infirmities, for Your Name's sake.

Lord, have mercy. (3x) Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil.

Lord, have mercy. (3x) Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Come, let us worship God our King.

Come, let us worship and fall down before Christ, our King and our God.

Come, let us worship and fall down before Christ Himself, our King and our God.

PSALM 51 (50 LXX)
A prayer of repentance

Have mercy on me, O God, in Your great mercy,
and in the abundance of Your compassions
blot out my transgressions.
Wash me thoroughly from my lawlessness,
and cleanse me from my sin.
For I know my transgressions,
and my sin is always before me.
Against You alone have I sinned,
and done evil before You,
so that You are justified in Your words
and victorious in Your judgment.
For, behold, I was conceived in iniquity,
and in sin my mother gave birth to me.
For, behold, You love truth,
You revealed to me the unknown
and secret things of Your wisdom.
Sprinkle me with hyssop, and I will be cleansed.
Wash me, and I will be whiter than snow.
Make me to hear joy and gladness,
let the bones that You have humbled rejoice.
Turn Your face away from my sins,
and blot out all my transgressions.
Create in me a clean heart, O God,
and renew a right Spirit within me.
Do not cast me away from Your presence,
and do not take Your Holy Spirit from me.
Restore to me the joy of Your salvation,
and establish me with Your guiding Spirit.
Then I will teach transgressors Your ways,
and sinners will return to You.
Rescue me from bloodshed, O God, the God of my salvation,
and my tongue will rejoice at Your righteousness.

O Lord, open my lips, and my mouth will declare Your praise,
for if You had desired sacrifice, I would have given it,
You will not take pleasure in whole burnt offerings.
The sacrifice to God is a broken spirit,
a broken and humbled heart God will not despise.
Do good, O Lord, to Zion, in Your good pleasure,
and let the walls of Jerusalem be rebuilt.
Then You will be pleased with the sacrifice of righteousness,
with offerings and whole-burnt offerings,
then bulls will be offered on Your altar.

Hymns from the Liturgy of Wednesday of the fifth week of Pascha

Since we have learned from Christ a new and unprecedented way of life,
let us all be especially diligent to preserve it until the end, that we may enjoy
the presence of the Holy Spirit.

O Life-giving Savior, You clothed my mortal nature with the garment of
immortality and the grace of incorruption, and raised it up together with
Yourself. You led it to the Father, having dispelled my warfare of many
years.

Since we have been restored again to the life of heaven by virtue of the
mediation of Him Who emptied Himself even so far as to assume the form
of a servant and has exalted us, let us magnify Him as is meet.

At the Judaic Mid-feast, O my Savior, You went up to Your Temple and
taught all. And the Jews marveled and said, "How does this Man know the
Scriptures, having no education?"

Glory to the Father and to the Son and to the Holy Spirit.

It is alien to the lawless to reverence the beginningless Trinity, the
Father, the Son, and the Holy Spirit, the uncreated Divinity, through Whom
the whole world was established by the might of His power.

Now and ever and unto ages of ages. Amen.

You, O Virgin Mother, contained in your womb Christ, the Giver of life,
Who is One of the Trinity, Whom all creation praises and before Whom the
thrones on high tremble. Beseech Him, O all-blessed one, that our souls be

saved.

TODAY'S SCRIPTURE READINGS

Acts 13:13-24

¹³ Then Paul and his companions set sail from Paphos and came to Perga in Pamphylia. John, however, left them and returned to Jerusalem; ¹⁴ but they went on from Perga and came to Antioch in Pisidia. And on the sabbath day they went into the synagogue and sat down. ¹⁵ After the reading of the law and the prophets, the officials of the synagogue sent them a message, saying, "Brothers, if you have any word of exhortation for the people, give it." ¹⁶ So Paul stood up and with a gesture began to speak:

"You Israelites, and others who fear God, listen. ¹⁷ The God of this people Israel chose our ancestors and made the people great during their stay in the land of Egypt, and with uplifted arm he led them out of it. ¹⁸ For about forty years he put up with them in the wilderness. ¹⁹ After he had destroyed seven nations in the land of Canaan, he gave them their land as an inheritance ²⁰ for about four hundred fifty years. After that he gave them judges until the time of the prophet Samuel. ²¹ Then they asked for a king; and God gave them Saul son of Kish, a man of the tribe of Benjamin, who reigned for forty years. ²² When he had removed him, he made David their king. In his testimony about him he said, 'I have found David, son of Jesse, to be a man after my heart, who will carry out all my wishes.' ²³ Of this man's posterity God has brought to Israel a Savior, Jesus, as he promised; ²⁴ before his coming John had already proclaimed a baptism of repentance to all the people of Israel.

John 6:5-14

⁵ When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" ⁶ He said this to test him, for he himself knew what he was going to do. ⁷ Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." ⁸ One of his disciples, Andrew, Simon Peter's brother, said to him, ⁹ "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" ¹⁰ Jesus said, "Make the people

sit down.” Now there was a great deal of grass in the place; so they sat down, about five thousand in all. ¹¹ Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. ¹² When they were satisfied, he told his disciples, “Gather up the fragments left over, so that nothing may be lost.” ¹³ So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. ¹⁴ When the people saw the sign that he had done, they began to say, “This is indeed the prophet who is to come into the world.”

PRAYERS DURING THE PANDEMIC OF CORONAVIRUS

Let us pray to the Lord. Lord, have mercy.

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible: In Your inexpressible goodness, look down upon us, Your people gathered in Your Holy Name. Be our helper and defender in this day of affliction, for You know all our weaknesses and hear our cry in repentance and contrition of heart. O loving Lord, deliver us from the impending threat of the coronavirus. Send Your angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of the physicians and heal Your servants through them. Grant wisdom to those who are working on the vaccine for this virus. And preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace that together we may glorify Your most honorable and majestic Name of the Father and the Son and the Holy Spirit, now and ever and unto ages of ages. Amen.

O Lord Jesus Christ, in Your loving care, You traveled through towns and villages healing every disease and sickness, and at Your command, the sick were made well: Yourself now come to our aid, in the midst of the global spread of the coronavirus, and grant us to experience the miracle Your healing love.

Comfort the families of those who are sick or have died. May they regain their strength and health through quality medical care. And as they worry and grieve, defend them from illness and despair.

Heal us from our fear, which prevents nations from working together and neighbors from helping one another.

Guide the hands of the doctors and nurses and all medical professionals who seek to heal and help those affected and who put themselves at risk in the process. And impart Your wisdom on the researchers working on the vaccine for coronavirus.

Heal us from our pride, which can make us claim immunity to a disease that knows no boundaries. Instill the fear of You in the leaders of our nation and other nations of the world. Give them the foresight to act with charity and true concern for the well-being of the people they are meant to serve. Give them the wisdom to invest in long-term solutions that will help prepare for or prevent future outbreaks.

O Master and Lord, our Savior, Healer of all, stay by our side in this time of uncertainty and sorrow. Whether we are home or abroad, surrounded by many people suffering from this illness or only a few, stay with us as we patiently endure and mourn, persist and prepare.

For You are a merciful and loving God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and ever and unto ages of ages. Amen.

PRAYER FOR DOCTORS AND NURSES

O Lord Jesus Christ our God, Lover of mankind, Physician of our souls and bodies, You endured the pain of our infirmities, and by Your wounds we are healed. You gave sight to the man born blind and straightened the woman who was bent over for 18 years. You gave speech and sight to the mute man who was possessed by demons. You not only forgave the paralyzed man his sins, but healed him to walk. You restored the withered hand of a man in the synagogue and stopped the flow of blood of a woman who bled for 12 years. You raised Jairus' daughter back to life and resurrected Lazarus who was dead four days. You heal every infirmity under the sun: Yourself now, O Lord, grant Your grace to all the doctors, nurses, physicians, and researchers, who have labored and studied hour upon hour, to go into all the world, and also to heal by the talent You have given to each of them. Strengthen them by Your strength, that they may not fear evil or disease. Enlighten them to do no evil by the works of their hands,

and preserve them and those they serve in peace. For You are our God, and to You we give glory together with Your Father, Who has no beginning, and Your Most Holy, Good, and Life-giving Spirit, now and ever and unto ages of ages. Amen.

FEAST OF THE DAY

Commemoration of the Apparition of the Sign of the Precious Cross Over Jerusalem, in 351 AD

The Precious Cross appeared in the sky over Jerusalem on the morning of May 7 (20), 351 during the reign of the emperor Constantius, the son of saint Constantine.

At that time the heresy of Arianism, which taught that Christ was merely a creature and not God, was causing great turmoil and division throughout the Empire. Even after the First Ecumenical Council at Nicea in 325, many people were drawn to this false teaching, and the Orthodox found themselves in the minority in many places.

Constantius, the ruler of the eastern part of the Empire, was a fervent supporter of Arianism. His brothers Constantine II and Constans, who were pious Orthodox Christians, ruled in the west. They were both killed in separate battles around 350, leaving Constantius as sole ruler. Also in 350, saint Cyril became Patriarch of Jerusalem and began his zealous struggle against Arianism.

In May of 351 a luminous Cross appeared over Jerusalem, stretching from Golgotha to the Mount of Olives, a distance of about five and a half miles. The Cross was wide as it was long, and shone more brightly than the sun. Many people left their homes and workplaces to gather in the church and glorify Christ. The historian Sozomen says that this wondrous sign led to the conversion of multitudes of pagans and Jews to Christianity.

A letter from saint Cyril to the emperor describing this phenomenon, and admonishing him to become Orthodox, has been preserved. The apparition of the Cross remained over the city for a whole week.

The vision of the Cross over Jerusalem strengthened the Orthodox faithful and contributed to the return of many Arians to the Church. It is also a reminder of the awesome Second Coming of Christ, when “the sign

of the Son of man shall appear in heaven” (*Matthew 24:30*).

TROPARION AND KONTAKION OF THE FEAST

Troparion

The image of Your Cross has shone more brightly than the sun,
extending from the holy mountain to the place of the skull.
In it, You have shown Your strength, O Savior,
and confirmed all Orthodox Christians in the True Faith.
Through the prayers of the Theotokos,
save us, O Christ our God.

Kontakion

The pure and Life-giving Cross which opened paradise
appeared in splendor above the earth,
extending its brilliant rays to the heavens.
Today we faithful accept its radiance as our guide to the eternal light.
We bear it in our struggles as an assurance of victory and triumph!

CONCLUDING PRAYERS

The angel cried to the Lady full of grace,
“Rejoice, O pure Virgin. Again I say, Rejoice.
Your Son is risen from His three days in the tomb.
With Himself He has raised all the dead.
Rejoice, all people.”

Shine! Shine! O new Jerusalem!
The glory of the Lord has shone on you.
Exult now and be glad, O Zion.
Be radiant, O pure Theotokos,
in the resurrection of your Son.

Through the prayers of our holy fathers and mother, O Lord Jesus Christ,
our God, have mercy on us. Amen.

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life! (3x)

