



**T**hrough the prayers of our holy fathers and mother, O Lord Jesus Christ, our God, have mercy on us. Amen.

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life! (3x)

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, cleanse us from our sins. O Master, pardon our transgressions. O Holy One, visit and heal our infirmities, for Your Name's sake.

Lord, have mercy. (3x) Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil.

Lord, have mercy. (3x) Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Come, let us worship God our King.

Come, let us worship and fall down before Christ, our King and our God.

Come, let us worship and fall down before Christ Himself, our King and our God.

PSALM 51 (50 LXX)  
*A prayer of repentance*

Have mercy on me, O God, in Your great mercy,  
and in the abundance of Your compassions  
blot out my transgressions.  
Wash me thoroughly from my lawlessness,  
and cleanse me from my sin.  
For I know my transgressions,  
and my sin is always before me.  
Against You alone have I sinned,  
and done evil before You,  
so that You are justified in Your words  
and victorious in Your judgment.  
For, behold, I was conceived in iniquity,  
and in sin my mother gave birth to me.  
For, behold, You love truth,  
You revealed to me the unknown  
and secret things of Your wisdom.  
Sprinkle me with hyssop, and I will be cleansed.  
Wash me, and I will be whiter than snow.  
Make me to hear joy and gladness,  
let the bones that You have humbled rejoice.  
Turn Your face away from my sins,  
and blot out all my transgressions.  
Create in me a clean heart, O God,  
and renew a right Spirit within me.  
Do not cast me away from Your presence,  
and do not take Your Holy Spirit from me.  
Restore to me the joy of Your salvation,  
and establish me with Your guiding Spirit.  
Then I will teach transgressors Your ways,  
and sinners will return to You.  
Rescue me from bloodshed, O God, the God of my salvation,  
and my tongue will rejoice at Your righteousness.

O Lord, open my lips, and my mouth will declare Your praise,  
for if You had desired sacrifice, I would have given it,  
You will not take pleasure in whole burnt offerings.  
The sacrifice to God is a broken spirit,  
a broken and humbled heart God will not despise.  
Do good, O Lord, to Zion, in Your good pleasure,  
and let the walls of Jerusalem be rebuilt.  
Then You will be pleased with the sacrifice of righteousness,  
with offerings and whole-burnt offerings,  
then bulls will be offered on Your altar.

*Praises from Matins of Friday of the fourth week of Pascha*

*Verse 1:* Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

Through envy I have been cast out from joy, since I have suffered a grievous fall. But You did not overlook me, O Master, since for my sake You have taken upon Yourself what belongs to my nature, and were crucified, leading me into glory and saving me. O my Redeemer, glory to Your.

*Verse 2:* Praise Him with timbrel and dance. Praise Him with strings and flute.

Come, all nations, learn the power of this awesome mystery, for Christ our Savior, the Word Who was in the beginning, was crucified for us, and was willingly buried, and arose from the dead, that He might save all things. Him let us worship.

*Verse 3:* Praise Him with tuneful cymbals, praise Him with cymbals of jubilation. Let every breath praise the Lord.

Come, all people, let us honor the memory of the holy passion-bearers, for they became a spectacle to angels and mankind, and received from Christ the crown of victory, and they intercede on behalf of our souls.

*Verse 5:* Glory to the Father and to the Son and to the Holy Spirit, now and

ever and unto ages of ages. Amen.

At the Mid-feast of Pascha You went up into the sacred Temple, O our Savior. And standing in the midst of the people, You taught them with boldness, saying, “I am the Light of the world, those who follow Me will not walk in darkness, but will have the light of immortal life.”

### TODAY'S SCRIPTURE READINGS

#### *Acts 10:44-11:10*

<sup>44</sup> While Peter was still speaking, the Holy Spirit fell upon all who heard the word. <sup>45</sup> The circumcised believers who had come with Peter were astounded that the gift of the Holy Spirit had been poured out even on the Gentiles, <sup>46</sup> for they heard them speaking in tongues and extolling God. Then Peter said, <sup>47</sup> “Can anyone withhold the water for baptizing these people who have received the Holy Spirit just as we have?” <sup>48</sup> So he ordered them to be baptized in the name of Jesus Christ. Then they invited him to stay for several days. **11** <sup>1</sup> Now the apostles and the believers who were in Judea heard that the Gentiles had also accepted the word of God. <sup>2</sup> So when Peter went up to Jerusalem, the circumcised believers criticized him, <sup>3</sup> saying, “Why did you go to uncircumcised men and eat with them?” <sup>4</sup> Then Peter began to explain it to them, step by step, saying, <sup>5</sup> “I was in the city of Joppa praying, and in a trance I saw a vision. There was something like a large sheet coming down from heaven, being lowered by its four corners; and it came close to me. <sup>6</sup> As I looked at it closely I saw four-footed animals, beasts of prey, reptiles, and birds of the air. <sup>7</sup> I also heard a voice saying to me, ‘Get up, Peter; kill and eat.’ <sup>8</sup> But I replied, ‘By no means, Lord; for nothing profane or unclean has ever entered my mouth.’ <sup>9</sup> But a second time the voice answered from heaven, ‘What God has made clean, you must not call profane.’ <sup>10</sup> This happened three times; then everything was pulled up again to heaven.

#### *John 8:21-30*

<sup>21</sup> Again he said to them, “I am going away, and you will search for me, but you will die in your sin. Where I am going, you cannot come.” <sup>22</sup> Then the Jews said, “Is he going to kill himself? Is that what he means by saying,

‘Where I am going, you cannot come?’” <sup>23</sup> He said to them, “You are from below, I am from above; you are of this world, I am not of this world. <sup>24</sup> I told you that you would die in your sins, for you will die in your sins unless you believe that I am he.” <sup>25</sup> They said to him, “Who are you?” Jesus said to them, “Why do I speak to you at all? <sup>26</sup> I have much to say about you and much to condemn; but the one who sent me is true, and I declare to the world what I have heard from him.” <sup>27</sup> They did not understand that he was speaking to them about the Father. <sup>28</sup> So Jesus said, “When you have lifted up the Son of Man, then you will realize that I am he, and that I do nothing on my own, but I speak these things as the Father instructed me. <sup>29</sup> And the one who sent me is with me; he has not left me alone, for I always do what is pleasing to him.” <sup>30</sup> As he was saying these things, many believed in him.

#### PRAYERS DURING THE PANDEMIC OF CORONAVIRUS

Let us pray to the Lord. Lord, have mercy.

**O** God Almighty, Lord of heaven and earth, and of all creation visible and invisible: In Your inexpressible goodness, look down upon us, Your people gathered in Your Holy Name. Be our helper and defender in this day of affliction, for You know all our weaknesses and hear our cry in repentance and contrition of heart. O loving Lord, deliver us from the impending threat of the coronavirus. Send Your angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of the physicians and heal Your servants through them. Grant wisdom to those who are working on the vaccine for this virus. And preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace that together we may glorify Your most honorable and majestic Name of the Father and the Son and the Holy Spirit, now and ever and unto ages of ages. Amen.

**O** Lord Jesus Christ, in Your loving care, You traveled through towns and villages healing every disease and sickness, and at Your command, the sick were made well: Yourself now come to our aid, in the midst of the global spread of the coronavirus, and grant us to experience the miracle Your healing love.

Comfort the families of those who are sick or have died. May they regain their strength and health through quality medical care. And as they worry and grieve, defend them from illness and despair.

Heal us from our fear, which prevents nations from working together and neighbors from helping one another.

Guide the hands of the doctors and nurses and all medical professionals who seek to heal and help those affected and who put themselves at risk in the process. And impart Your wisdom on the researchers working on the vaccine for coronavirus.

Heal us from our pride, which can make us claim immunity to a disease that knows no boundaries. Instill the fear of You in the leaders of our nation and other nations of the world. Give them the foresight to act with charity and true concern for the well-being of the people they are meant to serve. Give them the wisdom to invest in long-term solutions that will help prepare for or prevent future outbreaks.

O Master and Lord, our Savior, Healer of all, stay by our side in this time of uncertainty and sorrow. Whether we are home or abroad, surrounded by many people suffering from this illness or only a few, stay with us as we patiently endure and mourn, persist and prepare.

For You are a merciful and loving God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and ever and unto ages of ages. Amen.

#### PRAYER FOR DOCTORS AND NURSES

**O** Lord Jesus Christ our God, Lover of mankind, Physician of our souls and bodies, You endured the pain of our infirmities, and by Your wounds we are healed. You gave sight to the man born blind and straightened the woman who was bent over for 18 years. You gave speech and sight to the mute man who was possessed by demons. You not only forgave the paralyzed man his sins, but healed him to walk. You restored the withered hand of a man in the synagogue and stopped the flow of blood of a woman who bled for 12 years. You raised Jairus' daughter back to life and resurrected Lazarus who was dead four days. You heal every infirmity under the sun: Yourself now, O Lord, grant Your grace to all the doctors, nurses, physicians, and researchers, who have labored and studied hour



upon hour, to go into all the world, and also to heal by the talent You have given to each of them. Strengthen them by Your strength, that they may not fear evil or disease. Enlighten them to do no evil by the works of their hands, and preserve them and those they serve in peace. For You are our God, and to You we give glory together with Your Father, Who has no beginning, and Your Most Holy, Good, and Life-giving Spirit, now and ever and unto ages of ages. Amen.

SAINT OF THE DAY

*Saint Athanasius the Great, Patriarch of Alexandria*

Saint Athanasius the Great, Archbishop of Alexandria, was a great Father of the Church and a pillar of Orthodoxy. He was born around the year 297 in the city of Alexandria into a family of pious Christians. He received a fine secular education, but he acquired more knowledge by diligent study of the Holy Scripture. In his childhood, the future hierarch Athanasius became known to Saint Alexander the Patriarch of Alexandria. A group of children, which included Athanasius, were playing at the seashore. The Christian children decided to baptize their pagan playmates.

The young Athanasius, whom the children designated as “bishop”, performed the Baptism, precisely repeating the words he heard in church during this sacrament. Patriarch Alexander observed all this from a window. He then commanded that the children and their parents be brought to him. He conversed with them for a long while, and determined that the Baptism performed by the children was done according to the Church order. He acknowledged the Baptism as real and sealed it with the sacrament of Chrismation. From this moment, the Patriarch looked after the spiritual upbringing of Athanasius and in time brought him into the clergy, at first as a reader, and then he ordained him as a deacon.

It was as a deacon that Saint Athanasius accompanied Patriarch Alexander to the First Ecumenical Council at Nicea in the year 325. At the Council, Saint Athanasius refuted of the heresy of Arius. His speech met with the approval of the Orthodox Fathers of the Council, but the Arians, those openly and those secretly so, came to hate Athanasius and persecuted him for the rest of his life.

After the death of holy Patriarch Alexander, Saint Athanasius was unanimously chosen as his successor in the See of Alexandria. However, he refused, accounting himself unworthy, but at the insistence of all the Orthodox populace that it was in agreement, he was consecrated bishop when he was twenty-eight, and installed as the archpastor of the Alexandrian Church. Saint Athanasius guided the Church for forty-seven years, and during this time he endured persecution and grief from his antagonists. Several times he was expelled from Alexandria and hid himself from the Arians in desolate places, since they repeatedly tried to kill him. Saint Athanasius spent more than twenty years in exile, returned to his flock, and then was banished again.

There was a time when he remained as the only Orthodox bishop in the area, a moment when all the other bishops had fallen into heresy. At the false councils of Arian bishops he was deposed as bishop. Despite being persecuted for many years, the saint continued to defend the purity of the Orthodox Faith, and he wrote countless letters and tracts against the Arian heresy.

When emperor Julian the Apostate (361-363) began a persecution against Christians, his wrath first fell upon Saint Athanasius, whom he considered a great pillar of Orthodoxy. Julian intended to kill the saint in order to strike Christianity a grievous blow, but he soon perished himself. Mortally wounded by an arrow during a battle, he cried out with despair, "You have conquered, O Galilean (*referring to Christ*)."

After Julian's death, Saint Athanasius guided the Alexandrian Church for seven years and died in 373, at the age of seventy-six.

Numerous works of Saint Athanasius have been preserved: four Orations against the Arian heresy, an Epistle to Epictetus, bishop of the Church of Corinth, on the divine and human natures in Jesus Christ, four Epistles to Serapion, Bishop of Thmuis, about the Holy Spirit and His equality with the Father and the Son, directed against the heresy of Macedonius.

Other apologetic works of the saint in defense of Orthodoxy have been preserved, among which is the Letter to the Emperor Constantius. Saint Athanasius wrote commentaries on Holy Scripture, and books of a moral



and didactic character, as well as a biography of Saint Anthony the Great, with whom Saint Athanasius was very close. Saint John Chrysostom advised every Orthodox Christian to read this Life.

**TROPARION AND KONTAKION OF SAINT ATHANASIUS**

*Troparion*

You were a pillar of Orthodoxy, O Hierarch Athanasius,  
supporting the Church with divine doctrines,  
you proclaimed the Son to be of one Essence with the Father,  
putting Arius to shame.  
O righteous father, entreat Christ God to grant us His great mercy.

*Kontakion*

You planted the dogmas of Orthodoxy  
and eradicated the thorns of false doctrine.  
You propagated the seeds of the Faith  
watered with the rain of the Spirit.  
Therefore, we praise you, O righteous Athanasius.

**CONCLUDING PRAYERS**

The angel cried to the Lady full of grace,  
“Rejoice, O pure Virgin. Again I say, Rejoice.  
Your Son is risen from His three days in the tomb.  
With Himself He has raised all the dead.  
Rejoice, all people.”

Shine! Shine! O new Jerusalem!  
The glory of the Lord has shone on you.  
Exult now and be glad, O Zion.  
Be radiant, O pure Theotokos,  
in the resurrection of your Son.

**T**hrough the prayers of our holy fathers and mother, O Lord Jesus Christ,  
our God, have mercy on us. Amen.

Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life! (3x)

