

**T**hrough the prayers of our holy fathers and mother, O Lord Jesus Christ, our God, have mercy on us. Amen.

O Heavenly King, the Comforter, the Spirit of Truth, everywhere present and filling all things. Treasury of Blessings, and Giver of Life, come and abide in us, and cleanse us from every impurity, and save our souls, O Good One!

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, cleanse us from our sins. O Master, pardon our transgressions. O Holy One, visit and heal our infirmities, for Your Name's sake.

Lord, have mercy. (3x) Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil.

Lord, have mercy. (3x) Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Come, let us worship God our King.

Come, let us worship and fall down before Christ, our King and our God.

Come, let us worship and fall down before Christ Himself, our King and our God.

PSALM 38 (37 LXX)  
*Prayer in Time of Chastening*

O Lord, do not rebuke me in Your anger,  
nor discipline me in Your wrath.

For Your arrows have sunk into me,  
and Your hand has come down on me.

There is no healing in my flesh because of Your wrath,  
there is no peace in my bones because of my sins.

SATURDAY, MARCH 28  
FOURTH WEEK OF GREAT LENT

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For my transgressions have gone over my head,  
like a heavy burden they weigh down on me.  
My wounds grow foul and fester because of my foolishness,  
I am completely bowed down and prostrate,  
all day long I go around mourning.  
For my loins are filled with mockeries,  
and there is no healing in my flesh.  
I am utterly spent and humbled,  
I groan because of the tumult of my heart.  
O Lord, all my desire is known to You,  
My lamentation is not hidden from You.  
My heart is troubled, my strength fails me,  
as for the light of my eyes – it also has gone from me.  
My friends and neighbors come near and stand opposite of me,  
and my next of kin stand far off.  
Those who seek my soul use violence,  
those who seek to hurt me speak vanities,  
and contemplate treachery all day long.  
But I am like the deaf, I do not hear,  
and like the mute, who cannot speak.  
I am like one who does not hear,  
and in whose mouth there is no answer.  
For in You, O Lord, I hope,  
it is You, O Lord my God, Who will listen.  
For I pray, “Do not let my enemies triumph over me,  
those who boast against me when my foot slips.”  
For I am ready for torments, and my pain is always with me.  
I confess my transgressions, I am sorry for my sin.  
But my enemies are alive and are stronger than I,  
and many are those who hate me unjustly.  
Those who repay me evil for good slander me,  
because I follow after righteousness.  
Do not forsake me, O Lord,

O my God, do not depart from me,  
make haste to help me, O Lord of my salvation.

Please pray for Irina Gozick. I received word today from her daughter that she fell twice yesterday and had to be taken to the hospital. Irina is not doing very well. Remember her in your prayers. I will update you once I hear more.

*Saturdays throughout the year are reserved for the commemoration of our departed family members, friends, and neighbors. It is especially so during Great Lent. Therefore, today pray for all of your departed loved ones.*

O God of spirits and of all flesh, You have conquered death by Your own death, and destroyed the power of devil, and given life to Your world: Yourself, O Lord, give rest to the souls of Your departed servants, [names], in a place of brightness, a place of refreshment, a place of repose, where all sickness, sorrow, and sighing are no more. Forgive them every transgression which they have committed, whether by word or deed or thought, for You are a good God and love mankind. For there is no one who lives yet does not sin, for only You are sinless, Your righteousness is an everlasting righteousness, and Your word is truth. For You are the Resurrection, and the Life, and the Repose of Your servants, who are fallen asleep, O Christ our God, and to You we give glory, together with Your Father, Who has no beginning, and Your Most Holy, Good, and Life-giving Spirit, now and ever and unto ages of ages. Amen.

PRAYERS TO END THE PANDEMIC OF CORONAVIRUS

Let us pray to the Lord. Lord, have mercy.

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible: In Your inexpressible goodness, look down upon us, Your people gathered in Your Holy Name. Be our helper and defender in this day of affliction, for You know all our weaknesses and hear our cry in repentance and contrition of heart. O loving Lord, deliver us from the

impending threat of the coronavirus. Send Your angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of the physicians and heal Your servants through them. Grant wisdom to those who are working on the vaccine for this virus. And preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace that together we may glorify Your most honorable and majestic Name of the Father and the Son and the Holy Spirit, now and ever and unto ages of ages. Amen.

Let us pray to the Lord. Lord, have mercy.

**O** Lord Jesus Christ, in Your loving care, You traveled through towns and villages healing every disease and sickness, and at Your command, the sick were made well: Yourself now come to our aid, in the midst of the global spread of the coronavirus, and grant us to experience the miracle Your healing love.

Comfort the families of those who are sick or have died. May they regain their strength and health through quality medical care. And as they worry and grieve, defend them from illness and despair.

Heal us from our fear, which prevents nations from working together and neighbors from helping one another.

Guide the hands of the doctors and nurses and all medical professionals who seek to heal and help those affected and who put themselves at risk in the process. And impart Your wisdom on the researchers working on the vaccine for coronavirus.

Heal us from our pride, which can make us claim immunity to a disease that knows no boundaries. Instill the fear of You in the leaders of our nation and other nations of the world. Give them the foresight to act with charity and true concern for the well-being of the people they are meant to serve. Give them the wisdom to invest in long-term solutions that will help prepare for or prevent future outbreaks.

O Master and Lord, our Savior, Healer of all, stay by our side in this time of uncertainty and sorrow. Whether we are home or abroad, surrounded by

many people suffering from this illness or only a few, stay with us as we patiently endure and mourn, persist and prepare.

For You are a merciful and loving God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and ever and unto ages of ages. Amen.

#### PRAYER FOR DOCTORS AND NURSES

**O** Lord Jesus Christ our God, Lover of mankind, Physician of our souls and bodies, You endured the pain of our infirmities, and by Your wounds we are healed. You gave sight to the man born blind and straightened the woman who was bent over for 18 years. You gave speech and sight to the mute man who was possessed by demons. You not only forgave the paralyzed man his sins, but healed him to walk. You restored the withered hand of a man in the synagogue and stopped the flow of blood of a woman who bled for 12 years. You raised Jairus' daughter back to life and resurrected Lazarus who was dead four days. You heal every infirmity under the sun: Yourself now, O Lord, grant Your grace to all the doctors, nurses, physicians, and researchers, who have labored and studied hour upon hour, to go into all the world, and also to heal by the talent You have given to each of them. Strengthen them by Your strength, that they may not fear evil or disease. Enlighten them to do no evil by the works of their hands, and preserve them and those they serve in peace. For You are our God, and to You we give glory together with Your Father, Who has no beginning, and Your Most Holy, Good, and Life-giving Spirit, now and ever and unto ages of ages. Amen.

#### DAILY SCRIPTURE READINGS

##### *Hebrews 6:9-12*

<sup>9</sup> Even though we speak in this way, beloved, we are confident of better things in your case, things that belong to salvation. <sup>10</sup> For God is not unjust; He will not overlook your work and the love that you showed for His Name in serving the saints, as you still do. <sup>11</sup> And we want each one of you to show the same diligence so as to realize the full assurance of hope to the very end, <sup>12</sup> so that you may not become sluggish, but imitators of those who through faith and patience inherit the promises.

*Mark 7:31-37*

<sup>31</sup> Then Jesus returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. <sup>32</sup> They brought to Him a deaf man who had an impediment in his speech; and they begged Jesus to lay His hand on the man. <sup>33</sup> Jesus took him aside in private, away from the crowd, and put His fingers into his ears, and He spat and touched his tongue. <sup>34</sup> Then looking up to heaven, He sighed and said to him, “Ephphatha,” that is, “Be opened.” <sup>35</sup> And immediately his ears were opened, his tongue was released, and he spoke plainly. <sup>36</sup> Then Jesus ordered them to tell no one; but the more He ordered them, the more zealously they proclaimed it. <sup>37</sup> They were astounded beyond measure, saying, “He has done everything well; He even makes the deaf to hear and the mute to speak.”

SAINT OF THE DAY

*Martyrs Agapius, Publius, Timolaus, Romulus, two named Dionysius, and two named Alexander, at Caesarea in Palestine*

The holy Martyrs Agapius, Publius (Pausis), Timolaus, Romulus, Alexander, Alexander, Dionysius and Dionysius suffered under the emperor Diocletian (284-305) in the city of Palestinian Caesarea. During one of the pagan festivals they began to torture and execute Christians who refused to offer sacrifice to idols.

The Martyr Timolaus was sentenced to burning, and the Martyrs Agapius and Thekla were sentenced to be torn apart by wild beasts. A group of young Christians: Publius, Timolaus, Alexander, another Alexander, Dionysius, and Romulus, the subdeacon of the Diospolis church decided to confess their faith and suffer for Christ.

As a sign of their voluntary deed they tied their own hands behind their backs and appeared before the governor Urbanus. Seeing their youth, the governor tried to persuade them to reconsider their decision, but in vain. He then threw them in prison, where there were already two Christians, Agapius and his servant Dionysius. All these saints were subjected to terrible tortures and beheaded.

TWO PRAYERS TO THE HOLY MARTYRS

*Troparion*

Your soul aflame with love for Christ,  
you gathered a company of illustrious athletes, O glorious Agapius.  
With them you excelled in righteous contest,  
and together you were beheaded by the sword.  
Henceforth always pray for the forgiveness of our sins.

*Kontakion*

Out of love for Christ  
the eight-fold choir of martyrs spurned all earthly things.  
As they were beheaded  
they cried out together,  
“O compassionate One, give joy to your servants.”

CONCLUDING PRAYERS

It is truly meet to bless you, O Theotokos, ever-blessed and most pure,  
and the Mother of our God. More honorable than the Cherubim, and more  
glorious beyond compare than the Seraphim, without corruption you gave  
birth to God the Word. True Theotokos we magnify you.

**T**hrough the prayers of our holy fathers and mother, O Lord Jesus Christ,  
our God, have mercy on us. Amen.