

**T**hrough the prayers of our holy fathers and mother, O Lord Jesus Christ, our God, have mercy on us. Amen.

O Heavenly King, the Comforter, the Spirit of Truth, everywhere present and filling all things. Treasury of Blessings, and Giver of Life, come and abide in us, and cleanse us from every impurity, and save our souls, O Good One!

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, cleanse us from our sins. O Master, pardon our transgressions. O Holy One, visit and heal our infirmities, for Your Name's sake.

Lord, have mercy. (3x) Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil.

Lord, have mercy. (3x) Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Come, let us worship God our King.

Come, let us worship and fall down before Christ, our King and our God.

Come, let us worship and fall down before Christ Himself, our King and our God.

PSALM 138 (137 LXX)  
*Thanksgiving and Praise*

I give thanks to You, O Lord, with all my heart,  
before the angels I sing Your praise,  
for You hear the words of my mouth.  
I worship toward Your holy temple  
and give thanks to Your Name

for Your mercy and Your truth,  
for You have exalted Your Name  
and Your word above everything.  
On the day I called, You answered me,  
You increased my strength of soul.  
All the kings of the earth will praise You, O Lord,  
for they have heard the words of Your mouth.  
They will sing of the ways of the Lord,  
for great is the glory of the Lord.  
For though the Lord is high,  
yet He regards the humble,  
but the proud He perceives from far away.  
Though I walk in the midst of trouble,  
You preserve me against the wrath of my enemies,  
You stretch out Your hand,  
and Your right hand saves me.  
The Lord will repay them on my behalf.  
Your mercy, O Lord, endures forever,  
do not forsake the work of Your hands.

PRAYERS TO END THE PANDEMIC OF CORONAVIRUS

Let us pray to the Lord. Lord, have mercy.

**O** God Almighty, Lord of heaven and earth, and of all creation visible and invisible: In Your inexpressible goodness, look down upon us, Your people gathered in Your Holy Name. Be our helper and defender in this day of affliction, for You know all our weaknesses and hear our cry in repentance and contrition of heart. O loving Lord, deliver us from the impending threat of the coronavirus. Send Your angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of the physicians and heal Your servants through them. Grant wisdom to those who are working on the vaccine for this virus. And preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace that together we may glorify Your most

honorable and majestic Name of the Father and the Son and the Holy Spirit, now and ever and unto ages of ages. Amen.

Let us pray to the Lord. Lord, have mercy.

**O** Lord Jesus Christ, in Your loving care, You traveled through towns and villages healing every disease and sickness, and at Your command, the sick were made well: Yourself now come to our aid, in the midst of the global spread of the coronavirus, and grant us to experience the miracle Your healing love.

Comfort the families of those who are sick or have died. May they regain their strength and health through quality medical care. And as they worry and grieve, defend them from illness and despair.

Heal us from our fear, which prevents nations from working together and neighbors from helping one another.

Guide the hands of the doctors and nurses and all medical professionals who seek to heal and help those affected and who put themselves at risk in the process. And impart Your wisdom on the researchers working on the vaccine for coronavirus.

Heal us from our pride, which can make us claim immunity to a disease that knows no boundaries. Instill the fear of You in the leaders of our nation and other nations of the world. Give them the foresight to act with charity and true concern for the well-being of the people they are meant to serve. Give them the wisdom to invest in long-term solutions that will help prepare for or prevent future outbreaks.

O Master and Lord, our Savior, Healer of all, stay by our side in this time of uncertainty and sorrow. Whether we are home or abroad, surrounded by many people suffering from this illness or only a few, stay with us as we patiently endure and mourn, persist and prepare.

For You are a merciful and loving God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and ever and unto ages of ages. Amen.

#### PRAYER FOR DOCTORS AND NURSES

**O** Lord Jesus Christ our God, Lover of mankind, Physician of our souls and bodies, You endured the pain of our infirmities, and by Your

FRIDAY, MARCH 27  
FOURTH WEEK OF GREAT LENT

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wounds we are healed. You gave sight to the man born blind and straightened the woman who was bent over for 18 years. You gave speech and sight to the mute man who was possessed by demons. You not only forgave the paralyzed man his sins, but healed him to walk. You restored the withered hand of a man in the synagogue and stopped the flow of blood of a woman who bled for 12 years. You raised Jairus' daughter back to life and resurrected Lazarus who was dead four days. You heal every infirmity under the sun: Yourself now, O Lord, grant Your grace to all the doctors, nurses, physicians, and researchers, who have labored and studied hour upon hour, to go into all the world, and also to heal by the talent You have given to each of them. Strengthen them by Your strength, that they may not fear evil or disease. Enlighten them to do no evil by the works of their hands, and preserve them and those they serve in peace. For You are our God, and to You we give glory together with Your Father, Who has no beginning, and Your Most Holy, Good, and Life-giving Spirit, now and ever and unto ages of ages. Amen.

DAILY SCRIPTURE READINGS

*Genesis 12:1-7*

<sup>1</sup> Now the Lord said to Abram, "Go from your country and your kindred and your father's house to the land that I will show you. <sup>2</sup> I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. <sup>3</sup> I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed." <sup>4</sup> So Abram went, as the Lord had told him; and Lot went with him. Abram was seventy-five years old when he departed from Haran. <sup>5</sup> Abram took his wife Sarai and his brother's son Lot, and all the possessions that they had gathered, and the persons whom they had acquired in Haran; and they set forth to go to the land of Canaan. When they had come to the land of Canaan, <sup>6</sup> Abram passed through the land to the place at Shechem, to the oak of Moreh. At that time the Canaanites were in the land. <sup>7</sup> Then the Lord appeared to Abram, and said, "To your seed I will give this land." So he built there an altar to the Lord, Who had appeared to him.

*Proverbs 14:15-26*

- <sup>15</sup> The simple believe everything,  
but the clever consider their steps.
- <sup>16</sup> The wise are cautious and turn away from evil,  
but the fool throws off restraint and is careless.
- <sup>17</sup> One who is quick-tempered acts foolishly,  
and the schemer is hated.
- <sup>18</sup> The simple are adorned with folly,  
but the clever are crowned with knowledge.
- <sup>19</sup> The evil bow down before the good,  
the wicked at the gates of the righteous.
- <sup>20</sup> The poor are disliked even by their neighbors,  
but the rich have many friends.
- <sup>21</sup> Those who despise their neighbors are sinners,  
but happy are those who are kind to the poor.
- <sup>22</sup> Do they not err that plan evil?  
Those who plan good find loyalty and faithfulness.
- <sup>23</sup> In all toil there is profit,  
but mere talk leads only to poverty.
- <sup>24</sup> The crown of the wise is their wisdom,  
but folly is the garland of fools.
- <sup>25</sup> A truthful witness saves lives,  
but one who utters lies is a betrayer.
- <sup>26</sup> In the fear of the Lord one has strong confidence,  
and one's children will have a refuge.

SAINT OF THE DAY

*Venerable Benedict of Nursia*

Saint Benedict, founder of Western monasticism, was born in the Italian city of Nursia in the year 480. When he was fourteen years of age, the saint's parents sent him to Rome to study. Unsettled by the immorality around him, he decided to devote himself to a different sort of life.

At first Benedict settled near the church of the holy Apostle Peter in the village of Effedum, but news of his ascetic life compelled him to go farther

into the mountains. There he encountered the hermit Romanus, who tonsured him into monasticism and directed him to live in a remote cave at Subiaco. From time to time, the hermit would bring him food.

For three years, the saint waged a harsh struggle with temptations and conquered them. People soon began to gather to him, thirsting to live under his guidance. The number of disciples grew so much, that the saint divided them into twelve communities. Each community was comprised of twelve monks and was a separate skete. The saint gave each skete an abbot from among his experienced disciples, and only the novice monks remained with Benedict for instruction.

The strict monastic Rule that Benedict established for the monks was not accepted by everyone, and more than once he was criticized and abused by dissenters.

Finally, he settled in Campagna and on Mount Cassino he founded the Monte Cassino monastery, which for a long time was a center of theological education for the Western Church. The monastery possessed a remarkable library. Benedict wrote his Rule, based on the experience of life of the Eastern desert-dwellers and the precepts of Saint John Cassian the Roman.

The Rule of Saint Benedict dominated Western monasticism for centuries (by the year 1595 it had appeared in more than 100 editions). The Rule prescribed the renunciation of personal possessions, as well as unconditional obedience, and constant work. It was considered the duty of older monks to teach the younger, and to copy ancient manuscripts. This helped to preserve many memorable writings from the first centuries of Christianity.

Every new monk was required to live as a novice for a year, to learn the monastic Rule and to become acclimated to monastic life. Every deed required a blessing. The head of this cenobitic monastery is the abbot. He discerns, teaches, and explains. The abbot solicits the advice of the older, experienced brethren, but he makes the final decisions. Keeping the monastic Rule was strictly binding for everyone and was regarded as an important step on the way to perfection.

Saint Benedict was granted by the Lord the gift of foresight and

wonderworking. He healed many by his prayers. The monk foretold the day of his death in 547. The main source for his Life is the second Dialogue of Saint Gregory, the Pope of Rome.

Saint Benedict's sister, Saint Scholastica, also became famous for her strict ascetic life and is numbered among the saints.

### TWO PRAYERS TO SAINT BENEDICT

#### *Troparion*

By your ascetic labors, O God-bearing Benedict,  
you were proven to be true to your name.  
For you were the son of benediction,  
and became a rule and model for all who emulate your life and cry,  
“Glory to Him Who gave you strength!  
Glory to Him Who granted you a crown!  
Glory to Him Who through you grants healing to all!”

#### *Kontakion*

You were enriched with God's grace,  
your works agreed with your name, O Benedict,  
helpful servant of Christ God.  
Through prayer and fasting you were revealed to be filled  
with the gifts of the Spirit of God!  
You are a healer of the sick, the banisher of demons  
and speedy defender of our souls!

### CONCLUDING PRAYERS

It is truly meet to bless you, O Theotokos, ever-blessed and most pure, and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, without corruption you gave birth to God the Word. True Theotokos we magnify you.

**T**hrough the prayers of our holy fathers and mother, O Lord Jesus Christ, our God, have mercy on us. Amen.