

## *the HOURS of PASCHA*

*For the first seven days of Pascha, Sunday-Saturday, the Hours of Pascha is served instead of all other Hours, Compline, Midnight, and Morning and Evening prayers.*

### TROPARION of PASCHA

**C**hrist is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life! (3x)

### RESURRECTIONAL IKOS

**H**aving beheld the Resurrection of Christ, let us worship the Holy Lord Jesus, the only sinless one. We worship Your Cross, O Christ, and we praise and glorify Your holy Resurrection, for You are our God, and we know no other than You. We call on Your Name. Come, all you faithful, let us worship Christ's holy Resurrection, for behold, through the Cross joy has come into all the world. Let us ever bless the Lord, praising His Resurrection, for by enduring the Cross for us, He has destroyed death by death.

### *the HYPAKOE*

**B**efore the dawn Mary and the women came and found the stone rolled away from the tomb. They heard the angelic voice, "Why do you seek among the dead as a man the One Who is everlasting Light? Behold the clothes in the grave. Go and proclaim to the world, 'The Lord is risen!' He has slain death, as He is the Son of God, saving the human race."

### *the KONTAKION*

**Y**ou descended into the tomb, O Immortal, You destroyed the power of death. In victory You arose, O Christ God, proclaiming, "Rejoice!" to the myrrh-bearing women, granting peace to Your apostles, and bestowing Resurrection on the fallen.

### *and these TROPARIA:*

**I**n the tomb with the body and in hell with the soul as God, in paradise with the thief and on the throne with the Father and the Spirit, were You, O boundless Christ, filling all things.

Glory to the Father and to the Son and to the Holy Spirit.

**B**earing life and more fruitful than the paradise, brighter than any royal chamber, Your tomb, O Christ, is the fountain of our resurrection.

Now and ever and unto ages of ages. Amen.

**R**ejoice, O holy and divine abode of the Most High. For through you, O Theotokos,<sup>1</sup> joy is given to those who sing, “Blessed are you among women, O most pure Lady.”

Lord, have mercy. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

**M**ore honorable than the Cherubim, and more glorious beyond compare than the Seraphim, without corruption you gave birth to God the Word, true Theotokos we magnify you.

*See below for appropriate Prokeimenon, Epistle, Alleluia, and Gospel.*

*Monday – page 3. Tuesday – page 4. Wednesday – page 6. Thursday – page 8.*

*Friday – page 10. Saturday – page 11.*

*the DISMISSAL*

Through the prayers of our holy father and mothers, O Lord Jesus Christ, our God, have mercy on us. Amen.

**C**hrist is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life! (3x)

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<sup>1</sup> Literally, “the Birth-giver of God.” *Theo* = God, *tokos* = the one who gave birth. Sometimes rendered in English as the Mother of God.

## on BRIGHT MONDAY

### PROKEIMENON

Their proclamation has gone out into all the earth, and their words to the ends of the universe.

*Verse:* The heavens are telling the glory of God, and the firmament proclaims His handiwork.

### EPISTLE

<sup>12</sup> Then the apostles returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day's journey away. <sup>13</sup> When they had entered the city, they went to the room upstairs where they were staying, Peter, and John, and James, and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, and Simon the Zealot, and Judas son of James. <sup>14</sup> All these were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as His brothers.

<sup>15</sup> In those days Peter stood up among the believers (together the crowd numbered about one hundred twenty persons) and said, <sup>16</sup> "Brothers and sisters, the scripture had to be fulfilled, which the Holy Spirit through David foretold concerning Judas, who became a guide for those who arrested Jesus— <sup>17</sup> for he was numbered among us and was allotted his share in this ministry."

<sup>21</sup> So one of the men who have accompanied us during all the time that the Lord Jesus went in and out among us, <sup>22</sup> beginning from the baptism of John until the day when he was taken up from us—one of these must become a witness with us to his resurrection." <sup>23</sup> So they proposed two, Joseph called Barsabbas, who was also known as Justus, and Matthias. <sup>24</sup> Then they prayed and said, "Lord, You know everyone's heart. Show us which one of these two You have chosen <sup>25</sup> to take the place in this ministry and apostleship from which Judas turned aside to go to his own place." <sup>26</sup> And they cast lots for them, and the lot fell on Matthias; and he was added to the eleven apostles. (*Acts 1:12-17, 21-26*)

## ALLELUIA

Let the heavens praise Your wonders, O Lord. Your faithfulness in the assembly of the saints. Alleluia, alleluia, alleluia.

God is glorified in the council of the saints. Alleluia, alleluia, alleluia.

## GOSPEL

<sup>18</sup> No one has ever seen God. It is the Only-begotten Son, Who is in the Father's bosom, Who has made God known. <sup>19</sup> This is the testimony given by John when the Jews sent priests and Levites from Jerusalem to ask him, "Who are you?" <sup>20</sup> He confessed and did not deny it, but confessed, "I am not the Christ." <sup>21</sup> And they asked him, "What then? Are you Elijah?" He said, "I am not." "Are you the prophet?" He answered, "No." <sup>22</sup> Then they said to him, "Who are you? Let us have an answer for those who sent us. What do you say about yourself?" <sup>23</sup> He said, "I am the voice of one crying out in the wilderness, 'Make straight the way of the Lord,'" as the prophet Isaiah said. <sup>24</sup> Now those who were sent from the Pharisees. <sup>25</sup> They asked him, "Why then are you baptizing if you are neither the Christ, nor Elijah, nor the prophet?" <sup>26</sup> John answered them, "I baptize with water. Among you stands One Whom you do not know, <sup>27</sup> the One Who is coming after me; I am not worthy to untie the strap of His sandal." <sup>28</sup> This took place in Bethany across the Jordan where John was baptizing. (*John 1:18-28*)

## on BRIGHT TUESDAY

### PROKEIMENON

*The song of the Theotokos:* My soul magnifies the Lord, and my spirit rejoices in God my Savior.

*Verse:* For He has regarded the low estate of His handmaiden. For behold, henceforth all generations will call me blessed.

### EPISTLE

<sup>14</sup> Peter, standing with the eleven, raised his voice and addressed them, "Men of Judea and all who live in Jerusalem, let this be known to you, and listen to what I say. <sup>15</sup> Indeed, these are not drunk, as you suppose, for it is only nine o'clock in the morning. <sup>16</sup> No, this is what was spoken through the

prophet Joel, <sup>17</sup> ‘In the last days it will be, God declares, that I will pour out my Spirit upon all flesh, and your sons and your daughters shall prophesy, and your young men shall see visions, and your old men shall dream dreams. <sup>18</sup> Even upon my slaves, both men and women, in those days I will pour out my Spirit; and they shall prophesy. <sup>19</sup> And I will show portents in the heaven above and signs on the earth below, blood, and fire, and smoky mist. <sup>20</sup> The sun shall be turned to darkness and the moon to blood, before the coming of the Lord’s great and glorious day. <sup>21</sup> Then everyone who calls on the name of the Lord shall be saved.’ (*Acts 1:12-17, 21-26*)

### ALLELUIA

Arise, O Lord, and go to Your resting place. You and the ark of Your power. Alleluia, alleluia, alleluia.

The Lord swore to David a sure oath from which He will not turn back. Alleluia, alleluia, alleluia.

### GOSPEL

<sup>12</sup> Peter got up and ran to the tomb; stooping and looking in, he saw the linen cloths by themselves; then he went home, amazed at what had happened. <sup>13</sup> Now on that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem, <sup>14</sup> and talking with each other about all these things that had happened. <sup>15</sup> While they were talking and discussing, Jesus himself came near and went with them, <sup>16</sup> but their eyes were kept from recognizing him. <sup>17</sup> And he said to them, “What are you discussing with each other while you walk along?” They stood still, looking sad. <sup>18</sup> Then one of them, whose name was Cleopas, answered him, “Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?” <sup>19</sup> He asked them, “What things?” They replied, “The things about Jesus of Nazareth, who was a prophet mighty in deed and word before God and all the people, <sup>20</sup> and how our chief priests and leaders handed him over to be condemned to death and crucified him. <sup>21</sup> But we had hoped that he was the one to redeem Israel. Yes, and besides all this, it is now the third day since these things took place. <sup>22</sup> Moreover, some women of our group astounded us. They were at the tomb early this morning, <sup>23</sup> and

when they did not find his body there, they came back and told us that they had indeed seen a vision of angels who said that he was alive. <sup>24</sup> Some of those who were with us went to the tomb and found it just as the women had said; but they did not see him.”

<sup>25</sup> Then Jesus said to them, “Oh, how foolish you are, and how slow of heart to believe all that the prophets have declared! <sup>26</sup> Was it not necessary that the Christ should suffer these things and then enter into his glory?” <sup>27</sup> Then beginning with Moses and all the prophets, he interpreted to them the things about himself in all the scriptures.

<sup>28</sup> As they came near the village to which they were going, he walked ahead as if he were going on. <sup>29</sup> But they urged him strongly, saying, “Stay with us, because it is almost evening and the day is now nearly over.” So he went in to stay with them. <sup>30</sup> When he was at the table with them, he took bread, blessed and broke it, and gave it to them. <sup>31</sup> Then their eyes were opened, and they recognized him; and he vanished from their sight. <sup>32</sup> They said to each other, “Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?” <sup>33</sup> That same hour they got up and returned to Jerusalem; and they found the eleven and their companions gathered together. <sup>34</sup> They were saying, “The Lord has risen indeed, and he has appeared to Simon!” <sup>35</sup> Then they told what had happened on the road, and how he had been made known to them in the breaking of the bread. *(Luke 24:12-35)*

## on BRIGHT WEDNESDAY

### PROKEIMENON

I will remember your name in all generations.

*Verse:* Hear, O daughter, consider, and incline your ear.

### EPISTLE

<sup>22</sup> “You that are Israelites, listen to what I have to say: Jesus of Nazareth, a man attested to you by God with deeds of power, wonders, and signs that God did through him among you, as you yourselves know— <sup>23</sup> this man, handed over to you according to the definite plan and foreknowledge of God,

you crucified and killed by the hands of those outside the law. <sup>24</sup> But God raised him up, having freed him from death, because it was impossible for him to be held in its power. <sup>25</sup> For David says concerning him, ‘I saw the Lord always before me, for he is at my right hand so that I will not be shaken; <sup>26</sup> therefore my heart was glad, and my tongue rejoiced; moreover my flesh will live in hope. <sup>27</sup> For you will not abandon my soul to Hades, or let your Holy One experience corruption. <sup>28</sup> You have made known to me the ways of life; you will make me full of gladness with your presence.’

<sup>29</sup> “Fellow Israelites, I may say to you confidently of our ancestor David that he both died and was buried, and his tomb is with us to this day. <sup>30</sup> Since he was a prophet, he knew that God had sworn with an oath to him that he would put one of his descendants on his throne. <sup>31</sup> Foreseeing this, David spoke of the resurrection of the Christ, saying, ‘He was not abandoned to Hades, nor did his flesh experience corruption.’

<sup>32</sup> This Jesus God raised up, and of that all of us are witnesses. <sup>33</sup> Being therefore exalted at the right hand of God, and having received from the Father the promise of the Holy Spirit, he has poured out this that you both see and hear. <sup>34</sup> For David did not ascend into the heavens, but he himself says, ‘The Lord said to my Lord, “Sit at my right hand, <sup>35</sup> until I make your enemies your footstool.”’ <sup>36</sup> Therefore let the entire house of Israel know with certainty that God has made him both Lord and Christ, this Jesus whom you crucified.” (*Acts 2:22-36*)

### ALLELUIA

My soul magnifies the Lord, and my spirit rejoices in God my Savior.  
Alleluia, alleluia, alleluia.

For He has exalted the low estate of His handmaiden, for behold, henceforth all generations will call me blessed. Alleluia, alleluia, alleluia.

### GOSPEL

<sup>35</sup> The next day John again was standing with two of his disciples, <sup>36</sup> and as he watched Jesus walk by, he exclaimed, “Look, here is the Lamb of God!” <sup>37</sup> The two disciples heard him say this, and they followed Jesus. <sup>38</sup> When Jesus turned and saw them following, he said to them, “What

are you looking for?” They said to him, “Rabbi” (which translated means Teacher), “where are you staying?” <sup>39</sup> He said to them, “Come and see.” They came and saw where he was staying, and they remained with him that day. It was about four o’clock in the afternoon. <sup>40</sup> One of the two who heard John speak and followed him was Andrew, Simon Peter’s brother. <sup>41</sup> He first found his brother Simon and said to him, “We have found the Messiah” (which is translated Anointed). <sup>42</sup> He brought Simon to Jesus, who looked at him and said, “You are Simon son of John. You are to be called Cephas” (which is translated Peter).

<sup>43</sup> The next day Jesus decided to go to Galilee. He found Philip and said to him, “Follow me.” <sup>44</sup> Now Philip was from Bethsaida, the city of Andrew and Peter. <sup>45</sup> Philip found Nathanael and said to him, “We have found him about whom Moses in the law and also the prophets wrote, Jesus son of Joseph from Nazareth.” <sup>46</sup> Nathanael said to him, “Can anything good come out of Nazareth?” Philip said to him, “Come and see.” <sup>47</sup> When Jesus saw Nathanael coming toward him, he said of him, “Here is truly an Israelite in whom there is no deceit!” <sup>48</sup> Nathanael asked him, “Where did you get to know me?” Jesus answered, “I saw you under the fig tree before Philip called you.” <sup>49</sup> Nathanael replied, “Rabbi, you are the Son of God! You are the King of Israel!” <sup>50</sup> Jesus answered, “Do you believe because I told you that I saw you under the fig tree? You will see greater things than these.” <sup>51</sup> And he said to him, “Very truly, I tell you, you will see heaven opened and the angels of God ascending and descending upon the Son of Man.” (*John 1:35-51*)

## on BRIGHT THURSDAY

### PROKEIMENON

Sing praises to our God, sing praises. Sing praises to our King, sing praises.

*Verse:* Clap your hands, all peoples. Shout to God with loud songs of joy.

### EPISTLE

<sup>38</sup> Peter said to them, “Repent, and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven; and you will receive the

gift of the Holy Spirit. <sup>39</sup> For the promise is for you, for your children, and for all who are far away, everyone whom the Lord our God calls to him.” <sup>40</sup> And he testified with many other arguments and exhorted them, saying, “Save yourselves from this corrupt generation.” <sup>41</sup> So those who welcomed his message were baptized, and that day about three thousand persons were added. <sup>42</sup> They devoted themselves to the apostles’ teaching and fellowship, to the breaking of bread and the prayers. <sup>43</sup> Awe came upon everyone, because many wonders and signs were being done by the apostles.  
(Acts 2:38-43)

#### ALLELUIA

Go forth, and prosper and reign because of truth and meekness and righteousness. Alleluia, alleluia, alleluia.

You love righteousness and hate wickedness. Alleluia, alleluia, alleluia.

#### GOSPEL

Now there was a Pharisee named Nicodemus, a leader of the Jews. <sup>2</sup> He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” <sup>3</sup> Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” <sup>4</sup> Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” <sup>5</sup> Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. <sup>6</sup> What is born of the flesh is flesh, and what is born of the Spirit is spirit. <sup>7</sup> Do not be astonished that I said to you, ‘You must be born from above.’ <sup>8</sup> The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” <sup>9</sup> Nicodemus said to him, “How can these things be?” <sup>10</sup> Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?

<sup>11</sup> “Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. <sup>12</sup> If I have told you

about earthly things and you do not believe, how can you believe if I tell you about heavenly things? <sup>13</sup> No one has ascended into heaven except the one who descended from heaven, the Son of Man. <sup>14</sup> And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, <sup>15</sup> that whoever believes in him may have eternal life. (*John 3:1-15*)

## on BRIGHT FRIDAY

### PROKEIMENON

Their proclamation has gone out into all the earth and their words to the ends of the universe.

*Verse:* The heavens are telling the glory of God, and the firmament proclaims His handiwork.

### EPISTLE

One day Peter and John were going up to the temple at the hour of prayer, at three o'clock in the afternoon. <sup>2</sup> And a man lame from birth was being carried in. People would lay him daily at the gate of the temple called the Beautiful Gate so that he could ask for alms from those entering the temple. <sup>3</sup> When he saw Peter and John about to go into the temple, he asked them for alms. <sup>4</sup> Peter looked intently at him, as did John, and said, "Look at us." <sup>5</sup> And he fixed his attention on them, expecting to receive something from them. <sup>6</sup> But Peter said, "I have no silver or gold, but what I have I give you; in the name of Jesus Christ of Nazareth, stand up and walk." <sup>7</sup> And he took him by the right hand and raised him up; and immediately his feet and ankles were made strong. <sup>8</sup> Jumping up, he stood and began to walk, and he entered the temple with them, walking and leaping and praising God. (*Acts 3:1-8*)

### ALLELUIA

Let the heavens praise You wonders, O Lord. Thy faithfulness in the assembly of the saints. Alleluia, alleluia, alleluia.

God is glorified in the council of the saints. Alleluia, alleluia, alleluia.

## GOSPEL

<sup>12</sup> After this he went down to Capernaum with his mother, his brothers, and his disciples; and they remained there a few days. <sup>13</sup> The Passover of the Jews was near, and Jesus went up to Jerusalem. <sup>14</sup> In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. <sup>15</sup> Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. <sup>16</sup> He told those who were selling the doves, “Take these things out of here! Stop making my Father’s house a marketplace!” <sup>17</sup> His disciples remembered that it was written, “Zeal for your house will consume me.” <sup>18</sup> The Jews then said to him, “What sign can you show us for doing this?” <sup>19</sup> Jesus answered them, “Destroy this temple, and in three days I will raise it up.” <sup>20</sup> The Jews then said, “This temple has been under construction for forty-six years, and will you raise it up in three days?” <sup>21</sup> But he was speaking of the temple of his body. <sup>22</sup> After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken. (*John 2:12-22*)

## on BRIGHT SATURDAY

### PROKEIMENON

The Lord is my Light and my Savior, whom will I fear?

*Verse:* The Lord is the defender of my life, of whom will I be afraid.

### EPISTLE

<sup>11</sup> While he clung to Peter and John, all the people ran together to them in the portico called Solomon’s Portico, utterly astonished. <sup>12</sup> When Peter saw it, he addressed the people, “You Israelites, why do you wonder at this, or why do you stare at us, as though by our own power or piety we had made him walk? <sup>13</sup> The God of Abraham, the God of Isaac, and the God of Jacob, the God of our ancestors has glorified his servant Jesus, whom you handed over and rejected in the presence of Pilate, though he had decided to release him. <sup>14</sup> But you rejected the Holy and Righteous One and asked to have a murderer given to you, <sup>15</sup> and you killed the Author of life, whom God raised

from the dead. To this we are witnesses. <sup>16</sup> And by faith in his name, his name itself has made this man strong, whom you see and know; and the faith that is through Jesus has given him this perfect health in the presence of all of you. *(Acts 3:11-16)*

### ALLELUIA

The Lord reigns, He is robed in majesty. Alleluia, alleluia, alleluia.

For He has established the world so that it will never be moved. Alleluia, alleluia, alleluia.

### GOSPEL

<sup>22</sup> After this Jesus and his disciples went into the Judean countryside, and he spent some time there with them and baptized. <sup>23</sup> John also was baptizing at Aenon near Salim because water was abundant there; and people kept coming and were being baptized <sup>24</sup>—John, of course, had not yet been thrown into prison.

<sup>25</sup> Now a discussion about purification arose between John's disciples and a Jew. <sup>26</sup> They came to John and said to him, "Rabbi, the one who was with you across the Jordan, to whom you testified, here he is baptizing, and all are going to him." <sup>27</sup> John answered, "No one can receive anything except what has been given from heaven. <sup>28</sup> You yourselves are my witnesses that I said, 'I am not the Messiah, but I have been sent ahead of him.' <sup>29</sup> He who has the bride is the bridegroom. The friend of the bridegroom, who stands and hears him, rejoices greatly at the bridegroom's voice. For this reason my joy has been fulfilled. <sup>30</sup> He must increase, but I must decrease."

<sup>31</sup> The one who comes from above is above all; the one who is of the earth belongs to the earth and speaks about earthly things. The one who comes from heaven is above all. <sup>32</sup> He testifies to what he has seen and heard, yet no one accepts his testimony. <sup>33</sup> Whoever has accepted his testimony has certified this, that God is true. *(John 2:12-22)*