



Through the prayers of our holy fathers and mother, O Lord Jesus Christ, our God, have mercy on us. Amen.

O Heavenly King, the Comforter, the Spirit of Truth, everywhere present and filling all things. Treasury of Blessings, and Giver of Life, come and abide in us, and cleanse us from every impurity, and save our souls, O Good One!

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, cleanse us from our sins. O Master, pardon our transgressions. O Holy One, visit and heal our infirmities, for Your Name's sake.

Lord, have mercy. (3x) Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil.

Lord, have mercy. (3x) Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Come, let us worship God our King.

Come, let us worship and fall down before Christ, our King and our God.

Come, let us worship and fall down before Christ Himself, our King and our God.

*PSALM 51 (50 LXX)
A prayer of repentance*

Have mercy on me, O God, in Your great mercy,

and in the abundance of Your compassions
blot out my transgressions.
Wash me thoroughly from my lawlessness,
and cleanse me from my sin.
For I know my transgressions,
and my sin is always before me.
Against You alone have I sinned,
and done evil before You,
so that You are justified in Your words
and victorious in Your judgment.
For, behold, I was conceived in iniquity,
and in sin my mother gave birth to me.
For, behold, You love truth,
You revealed to me the unknown
and secret things of Your wisdom.
Sprinkle me with hyssop, and I will be cleansed.
Wash me, and I will be whiter than snow.
Make me to hear joy and gladness,
let the bones that You have humbled rejoice.
Turn Your face away from my sins,
and blot out all my transgressions.
Create in me a clean heart, O God,
and renew a right Spirit within me.
Do not cast me away from Your presence,
and do not take Your Holy Spirit from me.
Restore to me the joy of Your salvation,
and establish me with Your guiding Spirit.
Then I will teach transgressors Your ways,
and sinners will return to You.
Rescue me from bloodshed, O God, the God of my salvation,
and my tongue will rejoice at Your righteousness.
O Lord, open my lips, and my mouth will declare Your praise,
for if You had desired sacrifice, I would have given it,

You will not take pleasure in whole burnt offerings.
The sacrifice to God is a broken spirit,
a broken and humbled heart God will not despise.
Do good, O Lord, to Zion, in Your good pleasure,
and let the walls of Jerusalem be rebuilt.
Then You will be pleased with the sacrifice of righteousness,
with offerings and whole-burnt offerings,
then bulls will be offered on Your altar.

*Today's prayers are called Sessional hymns taken from Matins of Wednesday in the
Sixth Week of Great Lent*

Weighed down by many sins as by a stone, I lie in the tomb of negligence,
but lead me up from there, O merciful and compassionate Lord.

Glory to the Father and to the Son and to the Holy Spirit, now and ever
and unto ages of ages. Amen.

Guarded by the precious Cross of Your Son, O pure Lady and Theotokos,
easily we turn aside all the assaults of the adversary. Therefore, as is right,
we glorify you, for you are the Mother of the Light and the only hope of our
souls.

PSALM 138 (137 LXX)
Thanksgiving and Praise

I give thanks to You, O Lord, with all my heart,
before the angels I sing Your praise,
for You hear the words of my mouth.
I worship toward Your holy temple
and give thanks to Your Name
for Your mercy and Your truth,
for You have exalted Your Name
and Your word above everything.
On the day I called, You answered me,
You increased my strength of soul.
All the kings of the earth will praise You, O Lord,
for they have heard the words of Your mouth.
They will sing of the ways of the Lord,

for great is the glory of the Lord.
For though the Lord is high,
yet He regards the humble,
but the proud He perceives from far away.
Though I walk in the midst of trouble,
You preserve me against the wrath of my enemies,
You stretch out Your hand,
and Your right hand saves me.
The Lord will repay them on my behalf.
Your mercy, O Lord, endures forever,
do not forsake the work of Your hands.

Today dead Lazarus is buried, and his sisters sing in lamentation, but You, in Your divine foreknowledge, have predicted what should come to pass. “Lazarus sleeps,” You have prophesied to Your disciples, “but I go to raise up him whom I created.” Therefore, we all cry to You, “Glory to Your mighty power.”

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Your pure and Virgin Mother, when she saw You hanging dead upon the Cross, O Christ, lamented with a mother’s grief and said, “What have the lawless and ungrateful people given You, O my Son, in return for the many and great gifts which You have granted them? I sing in praise of Your divine self-emptying.”

Please continue praying for Irina Gozick.

PRAYERS TO END THE PANDEMIC OF CORONAVIRUS

Let us pray to the Lord. Lord, have mercy.

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible: In Your inexpressible goodness, look down upon us, Your people gathered in Your Holy Name. Be our helper and defender in this day of affliction, for You know all our weaknesses and hear our cry in

repentance and contrition of heart. O loving Lord, deliver us from the impending threat of the coronavirus. Send Your angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of the physicians and heal Your servants through them. Grant wisdom to those who are working on the vaccine for this virus. And preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace that together we may glorify Your most honorable and majestic Name of the Father and the Son and the Holy Spirit, now and ever and unto ages of ages. Amen.

O Lord Jesus Christ, in Your loving care, You traveled through towns and villages healing every disease and sickness, and at Your command, the sick were made well: Yourself now come to our aid, in the midst of the global spread of the coronavirus, and grant us to experience the miracle Your healing love.

Comfort the families of those who are sick or have died. May they regain their strength and health through quality medical care. And as they worry and grieve, defend them from illness and despair.

Heal us from our fear, which prevents nations from working together and neighbors from helping one another.

Guide the hands of the doctors and nurses and all medical professionals who seek to heal and help those affected and who put themselves at risk in the process. And impart Your wisdom on the researchers working on the vaccine for coronavirus.

Heal us from our pride, which can make us claim immunity to a disease that knows no boundaries. Instill the fear of You in the leaders of our nation and other nations of the world. Give them the foresight to act with charity and true concern for the well-being of the people they are meant to serve. Give them the wisdom to invest in long-term solutions that will help prepare for or prevent future outbreaks.

O Master and Lord, our Savior, Healer of all, stay by our side in this time of uncertainty and sorrow. Whether we are home or abroad, surrounded by many people suffering from this illness or only a few, stay with us as we patiently endure and mourn, persist and prepare.

For You are a merciful and loving God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and ever and unto ages of ages. Amen.

PRAYER FOR DOCTORS AND NURSES

O Lord Jesus Christ our God, Lover of mankind, Physician of our souls and bodies, You endured the pain of our infirmities, and by Your wounds we are healed. You gave sight to the man born blind and straightened the woman who was bent over for 18 years. You gave speech and sight to the mute man who was possessed by demons. You not only forgave the paralyzed man his sins, but healed him to walk. You restored the withered hand of a man in the synagogue and stopped the flow of blood of a woman who bled for 12 years. You raised Jairus' daughter back to life and resurrected Lazarus who was dead four days. You heal every infirmity under the sun: Yourself now, O Lord, grant Your grace to all the doctors, nurses, physicians, and researchers, who have labored and studied hour upon hour, to go into all the world, and also to heal by the talent You have given to each of them. Strengthen them by Your strength, that they may not fear evil or disease. Enlighten them to do no evil by the works of their hands, and preserve them and those they serve in peace. For You are our God, and to You we give glory together with Your Father, Who has no beginning, and Your Most Holy, Good, and Life-giving Spirit, now and ever and unto ages of ages. Amen.

DAILY SCRIPTURE READINGS

Genesis 43:26-31; 45:1-16

²⁶When Joseph came home, they brought him the present that they had carried into the house, and bowed to the ground before him. ²⁷He inquired about their welfare, and said, "Is your father well, the old man of whom you spoke? Is he still alive?" ²⁸They said, "Your servant our father is well; he is still alive." And they bowed their heads and did obeisance. ²⁹Then he looked up and saw his brother Benjamin, his mother's son, and said, "Is this your youngest brother, of whom you spoke to me? God be gracious to you, my son!" ³⁰With that, Joseph hurried out, because he was overcome with affection for his brother, and he was about to weep. So he went into a private

room and wept there. ³¹ Then he washed his face and came out; and controlling himself he said, “Serve the meal.”

45 ¹ Then Joseph could no longer control himself before all those who stood by him, and he cried out, “Send everyone away from me.” So no one stayed with him when Joseph made himself known to his brothers. ² And he wept so loudly that the Egyptians heard it, and the household of Pharaoh heard it. ³ Joseph said to his brothers, “I am Joseph. Is my father still alive?” But his brothers could not answer him, so dismayed were they at his presence. ⁴ Then Joseph said to his brothers, “Come closer to me.” And they came closer. He said, “I am your brother, Joseph, whom you sold into Egypt. ⁵ And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. ⁶ For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. ⁷ God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. ⁸ So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. ⁹ Hurry and go up to my father and say to him, ‘Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. ¹⁰ You shall settle in the land of Goshen, and you shall be near me, you and your children and your children’s children, as well as your flocks, your herds, and all that you have. ¹¹ I will provide for you there – since there are five more years of famine to come – so that you and your household, and all that you have, will not come to poverty.’ ¹² And now your eyes and the eyes of my brother Benjamin see that it is my own mouth that speaks to you. ¹³ You must tell my father how greatly I am honored in Egypt, and all that you have seen. Hurry and bring my father down here.” ¹⁴ Then he fell upon his brother Benjamin’s neck and wept, while Benjamin wept upon his neck. ¹⁵ And he kissed all his brothers and wept upon them; and after that his brothers talked with him. ¹⁶ When the report was heard in Pharaoh’s house, “Joseph’s brothers have come,” Pharaoh and his servants were pleased.

Proverbs 21:23-22:4

²³ To watch over mouth and tongue
is to keep out of trouble.

²⁴ The proud, haughty person, named “Scoffer,”
acts with arrogant pride.

²⁵ The craving of the lazy person is fatal,
for lazy hands refuse to labor.

²⁶ All day long the wicked covet,
but the righteous give and do not hold back.

²⁷ The sacrifice of the wicked is an abomination;
how much more when brought with evil intent.

²⁸ A false witness will perish,
but a good listener will testify successfully.

²⁹ The wicked put on a bold face,
but the upright give thought to their ways.

³⁰ No wisdom, no understanding, no counsel,
can avail against the Lord.

³¹ The horse is made ready for the day of battle,
but the victory belongs to the Lord.

22 ¹ A good name is to be chosen rather than great riches,
and favor is better than silver or gold.

² The rich and the poor have this in common:
the Lord is the maker of them all.

³ The clever see danger and hide;
but the simple go on, and suffer for it.

⁴ The reward for humility and fear of the Lord
is riches and honor and life.

SAINT OF THE DAY

Synaxis of the Archangel Gabriel

The Archangel Gabriel was chosen by the Lord to announce to the Virgin Mary about the Incarnation of the Son of God from her, to the great rejoicing of all mankind. Therefore, on the day after the Feast of the Annunciation, the day on which the most pure Virgin is glorified, we give thanks to the

Lord and we venerate His messenger Gabriel, who contributed to the mystery of our salvation.

Gabriel, the holy Leader of the Heavenly Hosts, is a faithful servant of the Almighty God. He announced the future Incarnation of the Son of God to those of the Old Testament; he inspired the Prophet Moses to write the Pentateuch (first five books of the Old Testament), he announced the coming tribulations of the Chosen People to the Prophet Daniel (*Daniel 8:16, 9:21-24*); he appeared to Saint Anna with the news that she would give birth to the Virgin Mary.

The holy Archangel Gabriel remained with the Holy Virgin Mary when she was a child in the Temple of Jerusalem, and watched over her throughout her earthly life. He appeared to the Priest Zachariah, foretelling the birth of the Forerunner of the Lord, Saint John the Baptist.

The Lord sent him to Saint Joseph the Betrothed in a dream, to reveal to him the mystery of the Incarnation of the Son of God from the most pure Virgin Mary, and warned him of the wicked intentions of Herod, ordering him to flee into Egypt with the divine Infant and His Mother.

When the Lord prayed in the Garden of Gethsemane before His Passion, the Archangel Gabriel, whose very name signifies “Man of God” (*Luke 22:43*), was sent from Heaven to strengthen Him.

The Myrrh-Bearing Women heard from the Archangel the joyous news of Christ’s Resurrection (*Matthew 28:1-7, Mark 16:1-8*).

Mindful of the manifold appearances of the holy Archangel Gabriel and of his zealous fulfilling of God’s will, and confessing his intercession for Christians before the Lord, the Orthodox Church calls upon its children to pray to the great Archangel with faith and love.

Troparion

O Gabriel, commander of the heavenly hosts,
we who are unworthy beseech you,
by your prayers encompass us beneath the wings of your immaterial glory,
and faithfully preserve us who fall down and cry to you,
“Deliver us from all harm,

for you are the commander of the powers on high!”

Kontakion

O supreme commander Gabriel,
you are the glorious intercessor and servant
before the most radiant, worthy, most powerful,
infinite and awesome Trinity.

Pray at all times that we may be delivered from all tribulations and torments,
so that we may cry out to you,
“Rejoice, protection of your servants!”

CONCLUDING PRAYERS

It is truly meet to bless you, O Theotokos, ever-blessed and most pure,
and the Mother of our God. More honorable than the Cherubim, and more
glorious beyond compare than the Seraphim, without corruption you gave
birth to God the Word. True Theotokos we magnify you.

Through the prayers of our holy fathers and mother, O Lord Jesus Christ,
our God, have mercy on us. Amen.

