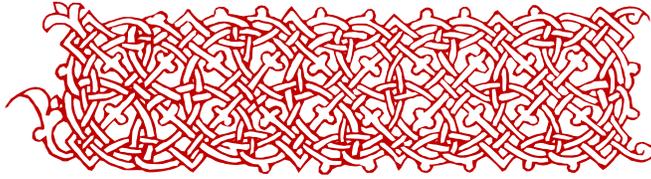


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HOLY WEEK



Through the prayers of our holy fathers and mother, O Lord Jesus Christ, our God, have mercy on us. Amen.

O Heavenly King, the Comforter, the Spirit of Truth, everywhere present and filling all things. Treasury of Blessings, and Giver of Life, come and abide in us, and cleanse us from every impurity, and save our souls, O Good One!

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, cleanse us from our sins. O Master, pardon our transgressions. O Holy One, visit and heal our infirmities, for Your Name's sake.

Lord, have mercy. (3x) Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil.

Lord, have mercy. (3x) Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Come, let us worship God our King.

Come, let us worship and fall down before Christ, our King and our God.

Come, let us worship and fall down before Christ Himself, our King and our God.

PSALM 51 (50 LXX)

A prayer of repentance

Have mercy on me, O God, in Your great mercy,

and in the abundance of Your compassions
blot out my transgressions.
Wash me thoroughly from my lawlessness,
and cleanse me from my sin.
For I know my transgressions,
and my sin is always before me.
Against You alone have I sinned,
and done evil before You,
so that You are justified in Your words
and victorious in Your judgment.
For, behold, I was conceived in iniquity,
and in sin my mother gave birth to me.
For, behold, You love truth,
You revealed to me the unknown
and secret things of Your wisdom.
Sprinkle me with hyssop, and I will be cleansed.
Wash me, and I will be whiter than snow.
Make me to hear joy and gladness,
let the bones that You have humbled rejoice.
Turn Your face away from my sins,
and blot out all my transgressions.
Create in me a clean heart, O God,
and renew a right Spirit within me.
Do not cast me away from Your presence,
and do not take Your Holy Spirit from me.
Restore to me the joy of Your salvation,
and establish me with Your guiding Spirit.
Then I will teach transgressors Your ways,
and sinners will return to You.
Rescue me from bloodshed, O God, the God of my salvation,
and my tongue will rejoice at Your righteousness.
O Lord, open my lips, and my mouth will declare Your praise,
for if You had desired sacrifice, I would have given it,

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You will not take pleasure in whole burnt offerings.
The sacrifice to God is a broken spirit,
a broken and humbled heart God will not despise.
Do good, O Lord, to Zion, in Your good pleasure,
and let the walls of Jerusalem be rebuilt.
Then You will be pleased with the sacrifice of righteousness,
with offerings and whole-burnt offerings,
then bulls will be offered on Your altar.

Now that we have entered Holy Week, I will be providing the texts from the Matins service that we are live-streaming Sunday-Wednesday at 6pm. So, pray at home and be sure to tune in to pray together. We can't be present together to pray, but we are still a community and we can pray together. It's not social distancing, it's physical distancing.

TROPARION

Behold, the Bridegroom comes at midnight,
and blessed is the servant whom He will find watching.
And again, unworthy is the servant whom He will find heedless.
Beware, therefore, O my soul, do not be weighed down with sleep,
lest you be given up to death and lest you be shut out of the Kingdom.
But rouse yourself crying, "Holy, holy, holy, are You, O our God.
Through the Theotokos, have mercy on us."

KATHISMA HYMNS

Today Christ's holy Passion dawns upon the world as a saving light.
For He comes of His own will to suffer.
He Who holds all things in His hand
consents to be hung upon the wood
in order to save mankind.

Glory to the Father and to the Son and to the Holy Spirit.
O invisible Judge,

how have You been seen in the flesh?
How have You been slain by lawless men,
condemning our condemnation by Your sufferings?
Therefore, with one voice, O Word,
we give glory, dominion, and praise to Your power.

Now and ever and unto ages of ages. Amen.
Today shines as the first-fruits of the Passion of the Lord.
Come, then, all who love the feast and join together in hymns.
For the Creator comes to accept the Cross,
the afflictions, the beatings, and the judgment by Pilate.
A servant strikes Him on the head,
but He endures all things that He may save mankind.
Therefore, let us cry out to Him,
“Grant remission of sins to those
who venerate Your holy Passion in faith,
O Christ our God, lover of mankind.”

PRAYERS TO END THE PANDEMIC OF CORONAVIRUS

Let us pray to the Lord. Lord, have mercy.

O God Almighty, Lord of heaven and earth, and of all creation visible and invisible: In Your inexpressible goodness, look down upon us, Your people gathered in Your Holy Name. Be our helper and defender in this day of affliction, for You know all our weaknesses and hear our cry in repentance and contrition of heart. O loving Lord, deliver us from the impending threat of the coronavirus. Send Your angel to watch over us and protect us. Grant health and recovery to those suffering from this virus. Guide the hands of the physicians and heal Your servants through them. Grant wisdom to those who are working on the vaccine for this virus. And preserve those who are healthy. Enable us to continue to serve our suffering brothers and sisters in peace that together we may glorify Your most honorable and majestic Name of the Father and the Son and the Holy Spirit, now and ever and unto ages of ages. Amen.

O Lord Jesus Christ, in Your loving care, You traveled through towns and villages healing every disease and sickness, and at Your command, the sick were made well: Yourself now come to our aid, in the midst of the global spread of the coronavirus, and grant us to experience the miracle Your healing love.

Comfort the families of those who are sick or have died. May they regain their strength and health through quality medical care. And as they worry and grieve, defend them from illness and despair.

Heal us from our fear, which prevents nations from working together and neighbors from helping one another.

Guide the hands of the doctors and nurses and all medical professionals who seek to heal and help those affected and who put themselves at risk in the process. And impart Your wisdom on the researchers working on the vaccine for coronavirus.

Heal us from our pride, which can make us claim immunity to a disease that knows no boundaries. Instill the fear of You in the leaders of our nation and other nations of the world. Give them the foresight to act with charity and true concern for the well-being of the people they are meant to serve. Give them the wisdom to invest in long-term solutions that will help prepare for or prevent future outbreaks.

O Master and Lord, our Savior, Healer of all, stay by our side in this time of uncertainty and sorrow. Whether we are home or abroad, surrounded by many people suffering from this illness or only a few, stay with us as we patiently endure and mourn, persist and prepare.

For You are a merciful and loving God, and to You we give glory, to the Father and the Son and the Holy Spirit, now and ever and unto ages of ages. Amen.

PRAYER FOR DOCTORS AND NURSES

O Lord Jesus Christ our God, Lover of mankind, Physician of our souls and bodies, You endured the pain of our infirmities, and by Your wounds we are healed. You gave sight to the man born blind and straightened the woman who was bent over for 18 years. You gave speech and sight to the mute man who was possessed by demons. You not only forgave the paralyzed man his sins, but healed him to walk. You restored

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the withered hand of a man in the synagogue and stopped the flow of blood of a woman who bled for 12 years. You raised Jairus' daughter back to life and resurrected Lazarus who was dead four days. You heal every infirmity under the sun: Yourself now, O Lord, grant Your grace to all the doctors, nurses, physicians, and researchers, who have labored and studied hour upon hour, to go into all the world, and also to heal by the talent You have given to each of them. Strengthen them by Your strength, that they may not fear evil or disease. Enlighten them to do no evil by the works of their hands, and preserve them and those they serve in peace. For You are our God, and to You we give glory together with Your Father, Who has no beginning, and Your Most Holy, Good, and Life-giving Spirit, now and ever and unto ages of ages. Amen.

CONCLUDING PRAYERS

It is truly meet to bless you, O Theotokos, ever-blessed and most pure, and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim, without corruption you gave birth to God the Word. True Theotokos we magnify you.

Through the prayers of our holy fathers and mother, O Lord Jesus Christ, our God, have mercy on us. Amen.

